



INCREASE FOCUS AND PRODUCTIVITY OF
EMPLOYEES WORKING FROM HOME

VIRTUAL YOGA CLASSES

Your employees will enjoy professional live yoga
classes from the comfort of their homes.

No materials or experience needed

WEEKDAYS
MORNING, AFTERNOON AND EVENING TIME SLOTS
AVAILABLE

Contact Jen Baldassari at
jbaldassari@communitywellnj.org

Jen Baldassari, RYT-200, has been practicing yoga for
18 years, and has taught in health centers, yoga
studios, schools, and most recently, from home!



THE COMMUNITY WELL
BE WELL. DO GOOD.